

Canberra & ACT Representative Selection Criteria

Each athlete will be considered against all the selection criteria.

- **Physical** speed, size, strength, power, endurance, length, (anthropometric characteristics such as height and wing span).
- Skill Package dribbling and passing skills, shooting skills in competition. Has an ability to defend.
- Character Has an internal drive to be great; helps his or her team-mates to be better. His or her teams generally win! Competes and has a toughness and resilience and never gives up. Always mentally prepared for trainings and competition.
- **Culture** has an ability to work effectively with different coaches and styles of play. Adapts well under pressure and is effective without structure. Has strong leadership and communication skills and is a great ambassador for ACT and his/her team.
- Basketball IQ Has a good "feel" for the game makes the right reads, constantly making good decisions under pressure. Understands their role within the team and has an ability to take instructions and implement the game plan.

BACT also seeks athletes for their high performance programs who demonstrate the following positive attributes;

- Have a positive "can do" attitude & passion for basketball
- Demonstrated ability to be highly receptive to coaching
- Are hardworking, competitive and take personal responsibility for their individual development and performance
- Are socially compatible within a group, are unselfish and are "teamy"
- Have a demonstrated desire to succeed in their educational, vocational and personal life in addition to their basketball development
- Are versatile and can play multi-positions

A prospective BACT Development or Representative athlete would unlikely have all the above attributes however would demonstrate most of them and would have the potential to develop all of them in time. In team sport's there will always be an element of subjectivity in the selection process.

The athlete's potential to meet the Selection Criteria is assessed through some or all of the following activities;

- Observation and evaluation of the athlete's performance at Club/State Rep games.
- Performances in BACT State & Development Squad Trainings/Trials/Camps.
- BACT NPP Training Sessions, Camps and Trials.
- Performances at lead up key benchmark events e.g. ECC, Southern Cross Challenge & the National Junior Classic
- Performances at National Championships