

Basketball ACT 3x3 Rules

Team:

- 3 players starting on the court w/ 2 subs. (5 Players max)
- Subs can only occur when the ball is out of play.

Officials:

- 1-2 Referee/s per game.
- Teams competing must supply scorers which will consist of:
 - o 1 from the nominated away team on the score sheet.
 - o 1 from the nominated home team on the score sheet.

Uniforms:

- Teams must be wearing shirt/top with matching colors, also shorts w/ no pockets.
(Numbers are not required)

Points:

- 1 Point/ shot inside the 3-point line
- 2 points/ shot outside the 3-point line
- 1 point for each successful free throw attempt
- The first team to score 21 points wins or the team with the highest score after 10 minutes of play.
- If the score is tied at the end of the regular 10 minutes, overtime will be played. The first team to score **2 points** in overtime wins the game.

Possession:

- Initial possession is determined by 'Rock, Paper, Scissors'
- A jump ball call, results in the defence possession.
- The defensive player is not allowed to play for the ball in the "no-charge semi-circle area" underneath the basket.
- Stalling or failing to play actively (i.e. not attempting to score) There shall be a violation.

Timing:

- 3x3 game time is 10 minutes w/ Running clock.

Shot Clock:

- There is a 12 second shot clock, if the team is not sufficiently attacking the basket, the official will give them a warning by counting down with 5 seconds remaining. Shot clock violation will occur after the 12 seconds if the team attacking has not taken a shot.

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Timeouts:

- **NO** time outs are permitted in 3x3 games.

Fouls:

- Most fouls are called
- A total of 6 fouls per team
 - o When a team reaches 6 fouls = 1 Free throw attempt.
 - o When a team reaches 7+ fouls = 2 Free throw attempts.
 - o When a team reaches 10+ fouls = 2 Free throws + Possession
- Penalty for technical foul = 1 Free throw, **NO** change in possession
- Penalty for unsportsmanlike foul = 2 Free throws, **NO** Change in possession (except for team foul 10+). Counted as if 2 fouls for team fouls purposes.
- Penalty for disqualifying foul and 2nd unsportsmanlike foul of a same player = 2 Free throws + Possession. Counted as if 2 fouls for team foul purposes.

Coaches:

- Coaches are **NOT** permitted.

Ball and size – U14 to Opens:

- The official 3x3 Basketball is used, it is a size 6 with the weight of a size 7 ball.
- Teams must supply their own warm up balls, 3x3 match balls will be provided by BACT.

Under 13 Age Group Rule Modifications – U10's and U12's

- Ball and Size – U10's and U12's will compete with a Size 5 ball, as per competition size guide;
- Team Coordinators are permitted to assist in subbing and the rule interpretation for players;
- All fouls are called to teach the younger age group the proper rules of basketball (as the age group increase, fouls are a lot more lenient)
- Free throws are taken 90 centimetres in front of the free throw line.