

About the artist - Sarah Richards



"Having a creative outlet has allowed me to undergo a journey of healing. I want to create a space for others to have the opportunity to experience the same. I believe that we all have something to heal from and if we can heal as individuals, it will contribute to the healing as a country." Sarah Richards

Sarah Richards is a Ngiyampaa woman born on Gadigal land (Sydney) who grew up on Wiradjuri (Griffith) and Yugambeh (Gold Coast) country before moving down to Ngunnawal country in 2012. Since she was a young child, she has always loved to be creative and in particular, be creative through painting. For a time though, during university, she did stop painting to focus on her degree. However, towards the end of her degree, a life event helped her come to the realisation that painting is a healer for her and it needed to be a part of her daily life. Sarah has been painting consistently ever since and in 2018, she used the knowledge from her degree to turn her passion from a hobby into a small business and created Marrawuy Journeys.

Marrawuy Journeys is a Supply Nation registered, 100% Aboriginal owned business with a vision of healing as individuals so we can heal as a country.

Marrawuy (Mar-ra-way) in her ancestors' language of the Wongaibon people means Red Kangaroo and was the totem of one of her ancestors, Richard King. This is one of the reasons she has chosen to go by Marrawuy Journeys but the other is the fact that a Kangaroo can't easily jump backwards. This also resonates strongly with Sarah because no matter what challenge she is thrown, she keeps moving forward.

To read more about Sarah's journey head to the About section on her website – www.mjourneys.com.au